

# Covert Gardening - Edible Landscaping - VCP 6-12-21

Mindset change your thinking/considerations/choices to edible landscaping. Plant Physical and Mental Seeds. Part of our Christian and Citizen Responsibility.

Flowers that make food or flowers to disguise food.

Hide in plain sight, control the food=control the people. I say, "Control Thyself!"

Give a fish/teach to fish, teach how to grow food

Stress Urgency! Be prepared and as self-sufficient as possible. Be ready practice pioneer days/hurricane days

## Covert Survival Gardening- Hide in plain sight! DO IT

NOW!!!! Be Efficiently Lazy!

### Why:

**Survival** - fresh food - storage by God

**Be Prepared** - Squirrel food growing and

**Knowledge is Power** - learn how to provide for yourself

**Teach Others** - empower others to provide and prepare, also so they don't take your food

**Catastrophic Event** - hurricane, fire, job loss, animal/bug/fungus infestation, any kind of invasion, etc.

**Spoilage** - damaged at one location

**No water** - 10 Survival Crops You Can Grow Without Irrigation-

**Additional fresh food** - unable to travel, purchase, etc.

**Food for domestic animals** - livestock and pets

**Food for wild animals** - you may need to eat that animal, so plant food they like too, for traps, etc.

**Food seizure** - hidden food growing but not noticeable or at other location

**Bug-Out Plan B, C, D, etc.** - Don't put all your veggies in one garden/eggs in one basket

**Instability of supply chain** - shipping, strikes, worker shortages,

**Politics & Laws** - illegal to "share food" even give away crops, plow crops for 1.5 value or no crop share benefits.

**Health Reasons** - Pesticides, pollution, medicinal availability, increase herbs/decrease Rx,

**Know your weeds** - let them grow - purslane, aloe, dandelion, mullen, etc.

**Personal Preference** - taste and ease of "yard shopping" or harvesting

**Prices** - high prices to pay, or better grow more to sell or trade, medicinal too,

**Traps** - human and animal

**Income** - income producing plants

**Movable Garden** - travel, new location, boating, flooding, ?

**Adventure** - treasure map of buried food - tubers, potatoes...

### What to Grow:

**Grow what you eat! Grows what grows good where you are!**

**Grow what you NEED**

**Grow** The Top 10 Must Have Survival Crops - Comic Book by DavidTheGood.pdf

**High Calorie** - carbs = energy

**High Nutrition** - protein, vitamins,

**Food & Medicine & Tools & Flavor Plants** -

**No Bugs basket** - Citronella, petunia, basil, lemongrass, rosemary, mint, lavender, nasturtium

**Tubers** - Cassava, Jerusalem Artichoke, Sweet Potatoes, turmeric, ginger,

**Heirloom seeds** - re-seeding from mother plant (give away my yellow pear tomatoes)

**Non pollinator plants** - Leafy greens, brassicas, root veggies, and tubers, ground level root veggies like beets, turnips, and rutabaga, most legumes, corn, herbs, celery, onions, and leeks,

**Self-pollinating vegetables** - tomatoes, green peppers, chili peppers, eggplants, green beans, lima beans, sweet peas, and peanuts.

**Indeterminate versus determinate** - pick your harvest time

**What to plant now** - place and season/calendar. What grows good where you are?

**Privacy fence of food** - apples, cherries, citrus, figs, kiwi, peaches, pears

**What to plant Now** - Resources = <https://sfyl.ifas.ufl.edu/agriculture/vegetables-and-herbs/>

## **Places to Grow Your Covert Food:**

**Home Landscaping** - garden beds, containers, hedges, vine/trellis, balcony, weeds, roof top, wall/water décor, **Window boxes** - outside and inside window plants/herbs/water starts

**Porch Railing** - Food and beauty, close

**Hanging Baskets** - inside and outside

**Art** - Rainbow wall pots of food, weaving stems, vines and lights, incorporating vertical concepts,

**Shade** - Trellis of food

**Garden Cave** - Hoop House, Play House

**Inside potted plants** - herbs, air quality, home décor, beauty, pets (catnip),

**Counter-top** - sprouts

**Plants as Gifts** - Give life! Give food for years -fruit and nut trees, herb garden kit, hanging basket, salsa garden pot

**Neighbors** - blueberry hedge, housewarming, friend gifts,

**Family's homes and properties** - ask and plant something every time you visit, inspire them.

**Vacant properties** - pre-plan, create options, know the drawbacks

**Public Access Places** - Parks, hiking trails, waterside,

**Community** - Local Gov groups and programs,

**Graveside** - Rosemary, Ginger, Symbolic, may need approval, potted or planted, bench, planter, headstone

**Privacy** - Privacy fence of food

**Fountains, Dry Fountains** - watercress, plant starts, etc.

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**Businesses not maintained** - The outer areas of business locations - no trash, no pesticides or mowing

## **How:**

Tubers

cuttings

seeds